

SALT & LIGHT

Build character and stand up for what you believe

HUMILITY

Do you know people who brag about how great they are? I'm not talking about joking around with your friends. I mean, you try to get a word in and they don't even hear what you're saying because they're so caught up with themselves. What about people who have a hard time admitting when they make a mistake? It really makes you not want to be around them, right?

Sometimes people are proud because they don't want anyone—including themselves—to see their imperfections. Others brag because they want to find acceptance.

Know Yourself

What does humility mean? How do you express modesty to the people around you? When do you have a hard time admitting that you're wrong? Why do you like to boast when you get something new or do something cool?

Know the Word

Read: Daniel 4.19-27

1. What did Daniel tell the king his dream meant?
2. Why was God going to punish the king?
3. What did the king need to do in order to be restored?

Remember It!: *"God blesses those people who are humble. The earth will belong to them!"* Matthew 5.5 (CEV)

Read More! (if you dare): 2 Chronicles 7.14; Luke 14.7-11; James 4.6-10; 13-17

Know Others

"[Being modest] means responding to others out of humility and not out of pride. That means listening to others' opinions and treating them as better than our own. God really wants to mold all of us—male, female, young, and old—into what He created us to be. We all need to be broken before God. Dwight L. Moody once said, 'God can do great things with broken pieces, provided He gets all the pieces.' We can't hold anything back. We must lay it all down, broken as it may be, at His feet." —Rebecca St. James, singer and author.

(Source: rsjames.com. Views of the publication do not necessarily reflect those of American Bible Society.)

The Choice Is Yours

When you're proud, you can't hear God's wisdom speaking to you. Think about it: you can't hear a person when you're the one doing all of the talking—or if your heart is closed.

The next time you talk to someone, pretend you're a reporter. Think "I need to get as much information as I can, so that I can write my story." Just think, you may not actually write an article about the person, but he or she can still feel like a star.