



Day 4

Read: John 16:33 (CEV)

"I have told you this, so that you might have peace in your hearts because of me. While you are in the world, you will have to suffer. But cheer up! I have defeated the world."

Reflect

Being a Christian doesn't mean we'll never suffer or face hardship here on earth. In fact, throughout our lives, many of us will experience deep loss—the death of a loved one, the betrayal of a friend, financial strain, persecution for our faith, or even the realities of famine or war. These hardships are part of living in a broken world with broken people.

Without the hope of Jesus, the darkness around us can feel overwhelming. But as Christians, we are not without hope. We have something the world does not. Because of Jesus's death and resurrection, we know that victory ultimately belongs to our creator. Scripture reminds us that one day he will wipe away all our tears, and there will be no more death, suffering, or pain (Revelation 21:4).

This assurance gives us a peace the world cannot offer or replicate. While others may wonder when their suffering will end or question whether good will ever overcome evil, we are not left in uncertainty. We know how the story ends.

Our peace is secure because Jesus has already overcome the world. No matter what we face, his victory gives us unshakeable hope. Even in suffering, we can live with confidence and peace, knowing that darkness will not have the final word.

Practice

Read Matthew 26–28 which tells the story of Jesus's death and resurrection. As you read, let the reality and hope of the resurrection take root in your heart. Consider memorizing a verse or two that stand out to you in this passage.

Pray

Heavenly Father, thank you for sending your Son to pay for my sins. I'm grateful that no matter what I face, I have the assurance of the cross to lean on. Please help me to fix my eyes on you even when I walk through difficult circumstances. In Jesus's name, Amen.



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